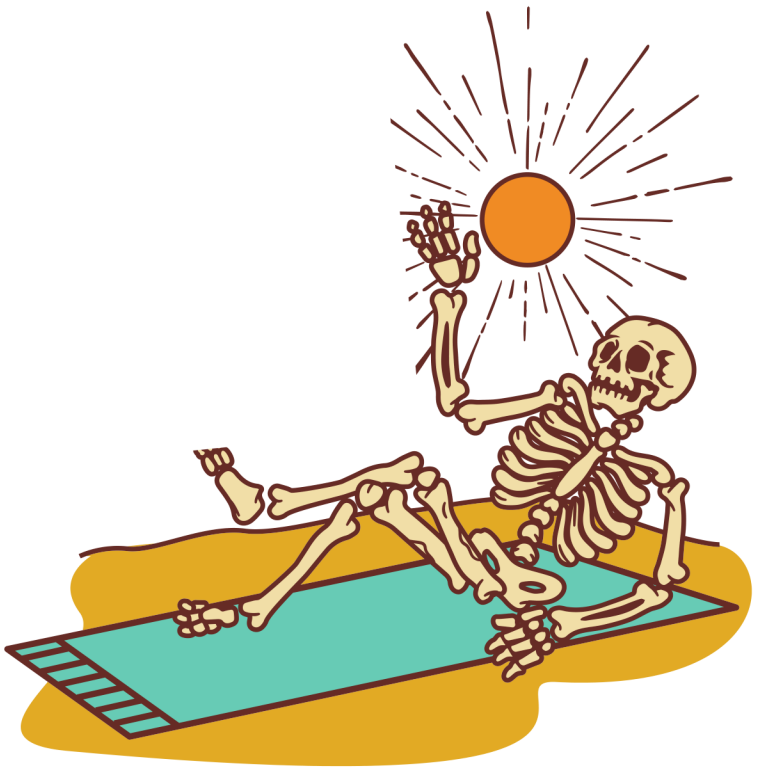
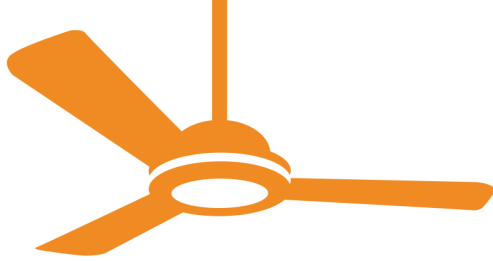


***Mutual Aid  
for Survival in  
Extreme Heat***

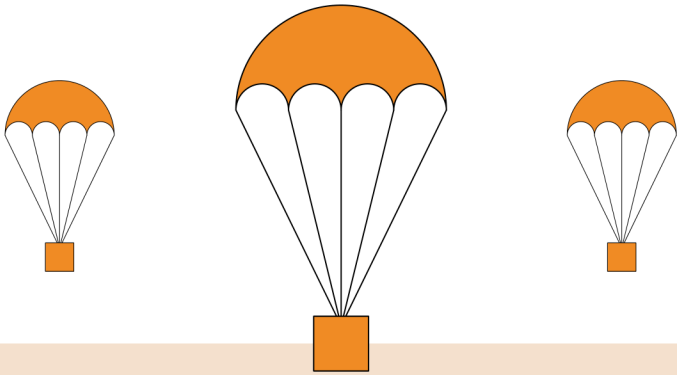






# Cooling Station

- Use your garage or set up a shaded area using natural resources or a canopy.
- Provide seating: Chairs, cushions or natural objects like logs and benches are fine.
- Provide water (don't forget the cups!).
- Provide fans or air conditioning (homemade paper fans work in a pinch but electric is superior).
- Consider a kiddie-pool of water for feet dipping.
- Consider cups of ice or popsicles.
- Consider entertainment (board games, art supplies , cards).
- Keep a first aid kit with information on heat exhaustion and heat stroke.
- Be thoughtful that a large number of folks have pets.



# Supply Drops

Donate supplies directly  
to those in need

- Cooler with ice and drinks
- Portable Fan with batteries
- Canopy for shade
- Fresh cut fruit
- Clean change of clothes
- Spray bottle with water
- List of water play parks  
and the buses that get to them
- Cash for gas or shelter

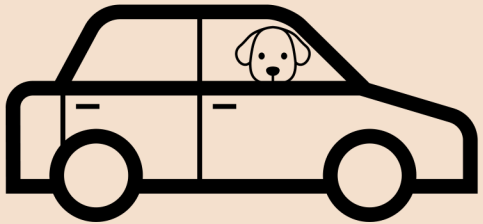
**NO**

Canned  
food,  
granola,  
used  
clothing

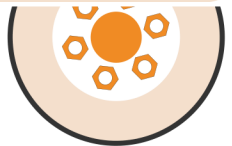
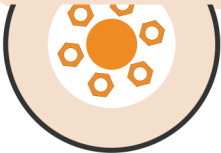
# Transport

Drive  
folks  
to  
Cooling Centers  
and  
Water Holes

It's  
dangerous  
to be out  
walking in  
extreme  
heat



\*perhaps drive someone to the beach for a day



# Volunteer

There are many organizations and coalitions that already exist to aid those on the streets. It's not always necessary to invest large amounts of time reinventing the wheel... sometimes we can just be 'helper-bees' towards a larger goal. Try asking around until you find a volunteer group near you. You can commit to short-term tasks while you see if the group is right for you. Keep in mind mutual aid is organized by people, not corporations or nonprofits. People are imperfect but we've seen the most substantial support comes from organizations doing service without a profit motive.





# Document

There are so many human rights violations happening in our own neighborhoods that nobody even knows about. With some transportation, a pen and paper you can make a huge difference.

## Document:

**When documenting data on the Unhoused population be sure **NOT** to share information on their location with law enforcement or city officials. This may endanger their lives.**

- Interview unhoused folks and ask what they need or what resources are most missing, compile a list.
- What resources exist, what they really offer vs what they say they offer.
- Interview people near homeless camps to get their views on the situation.
- When authorities pull down an encampment attend and document how they treat the Unhoused.
- Go to the local parks and rest areas and document how many people are sleeping in cars.
- Interview Unhoused folks about the street harassment they endure, their health problems, how they became homeless.

*Use this information to advocate for safe Housing solutions!*



# Get Loud

- Ask friends to help disrupt a city council meeting
- Protest (invite the Unhoused to join you)
- Buy (and use) a megaphone
- Poster/Wheatpaste the Town
- Repeatedly contact local media
- Locally distribute a poignant zine
- Host a monthly meetup for Unhoused community to gather and plan themselves how to be loud

Get your church  
involved

Get your family  
involved





# Radical Action

Create A 3 a.m. Autonomous Noise 'Party'  
Every Day Until Housing Is Secured

Occupy An Empty Building

Free Up A Room In Your Own Home

Give Away Your Extra Car  
(with working air conditioning)

Gather A Cohort And Sleep On Lawns Of  
Decision Makers Until Housing Is Secured

Occupy BLM Land for Duration of Heat Wave

Take Over A Local Broadcasting Station  
During Heat Wave To Read Stats on  
Homelessness and Heat Related Death



# Plan for the Future

## **PEOPLE NEED HOUSES NOT CANNED FOOD**

While surviving today is of the utmost importance, what unhoused folks really need is help into stable housing. Less than that, folks need someone to check in with them on a regular basis to help with tasks, supplies and accessing basic resources.

Spending a day handing out water is often a placebo, it does more for the giver than the recipient. So, yes, please help folks survive days of extreme heat...but please keep in mind the best safety measure is a home.



We can't always help ourselves...

**DON'T  
IGNORE  
PEOPLE'S  
SUFFERING**

Most of us are one misfortune away  
from Homelessness ourselves.

- Extreme Heat Kills -

# **THE INDIGENOUS ANARCHIST**